Te Puku o Te Ika

Regional Sprint Regatta 2025 Pānui #1

Saturday 6. December (V1 & W6)

Sunday 7. December (W6)

V1 Qualifying Event & W6 Regatta

Revision 2 - Issued -27th November 2025



Revision:

Revision 1 - 1st Issue of Paanui -8th October 2025

Revision 2 - 27th November 2025

- V1 Weighing Drop off update
- Important Event Times update (page 3)

CONTENTS

IMPORIANT DATES	3
IMPORTANT EVENT TIMES	3
IMPORTANT FORMS TO COMPLETE	3
VOLUNTEERS REQUIRED FROM EACH CLUB	4
ENTRIES AND PAYMENT	4
SAFETY	4
PARKING	5
EVENT AREA	6
VENDORS	6
ARRIVAL OF PADDLERS ON RACE DAY	6
PRE-EVENT PREPARATION AND TASKS	6
RACING	7
V1 EVENT INFORMATION	8
V1 QUALIFICATION	
V1 WAITLIST CRITERIA AND PROCESS	8
V1 QUOTA for 2026 NATIONALS	10
V1 CANOE WEIGHING & CHECKS	10
V1 ENTRY FEES	10
W6 EVENTS - SATURDAY (AFTERNOON) AND SUNDAY	
W6 TAITAMA, TAITAMAHINE AND INTERMEDIATE GRADES - ADULT STEERER AND W1/V1 SUPPORT PADDLERS	
W6 ENTRY FEES	
DERIGGING & CANOE LOADING AT END OF W6 RACING	
OUTSIDE REGION CLUBS - ENTRY NOT PERMITTED	
BIO-SECURITY NEW ZEALAND GOLD CLAM UPDATE	12
NO SWIMMING DURING RACING	14
KEY MESSAGES	14
FAQ'S	14
SOCIAL MEDIA LINKS	15
EVENT AREA MAR	15

IMPORTANT DATES

Entries Open - 1st November 2025

Entries Close - Monday 24th November 2025- 11.59pm

Roster Close - Monday 1st December 2025 - 11.59pm

Entries Payments In Full Required: Monday 1st December 2025

Waitlist Payments: Sunday 21st December 2025

Waka Ama Website Link: Click Here

IMPORTANT EVENT TIMES

Monday 1st December 2025 - Managers Meeting Online, 7pm - Register in Club Representative Registration form below - those registered will be sent an online meeting invite.

Tuesday 2nd December 2025 - Volunteers online briefing, 7pm

Friday 5th December 2025

4.00pm- 7.00pm W6 drop off

Club gear drop off

V1 Weighing and Verification

Rigging of W6s

Saturday 6th December 2025 - V1 Qualification and W6 Racing (afternoon)

6.30am Karakia

6.00am –7.00am Drop off area will be open for V1 canoes or large amounts of club

gear to be dropped off

6.00am - 7.30am V1 Weighing and Verification

7.00am Gate 2 shuts

6.45 am Marshall first races7.00 am Load out first races7.15am Racing commences

Approx 2.30pm W6 -J16 and J19 W6 Races.

Sunday 7th December 2025

6.30am Karakia & Volunteer Briefing

6.45am Marshall first races7.00am Load out first races7.15am Racing commences

IMPORTANT FORMS TO COMPLETE

Club Volunteer Registration: Click Here
Club Representatives Registration: Click Here
Vendor Registration Request - Click here

^{*}Please note that there is security for the W6 canoes & trailers only. V1's and club gear left at the event overnight are at the owner's risk. However we are providing overnight security on site.

VOLUNTEERS REQUIRED FROM EACH CLUB

- In order to run the event, we require club input for all areas, including: set up/pack down, marshalling, loading bay, on-water support support boats and crew administration, and timing. Each club is asked to provide 3 volunteers per day at the event. Many hands make light work. Please register all volunteers (even your club ones) using the volunteer form at the link here.
- A separate volunteer schedule will be circulated to the clubs who have provided volunteers.
- A big thank you from the TPOTI Sprints Committee to everyone who has answered the call for assistance.

ENTRIES AND PAYMENT

- Each club entering is asked to complete this form, providing the contact details for your online entries
 person within your club. This is the person who has access to the Waka Ama NZ online entries and
 membership database for your club. <u>Click here</u>
- Entry payments must only be paid on receipt of the invoice. Clubs are asked **NOT** to pay ahead of receiving invoicing. Online Payment reference instructions will be included in the invoice. This assists our volunteer financial team to easily reconcile payments. Payments must be received prior to the nominated deadline on the invoice, no payment = no racing.
- Clubs must be financially affiliated with TPOTI prior to entering the regatta via the online entries.
- Unpaid membership to TPOTI clubs will be ineligible to enter the event.

SAFETY

ON WATER

There will be three support boats on the water, with at least two support boats monitoring the racing. One of these will be stationary on the start line (the aligner boat); the flag boat will be roaming to monitor the racing.

- Taitamariki and Intermediate paddlers must wear life jackets.
- Adult steerers are also able to support Intermediate W6 crews based on their judgement of their experience and conditions. Please note this is not permitted at National Sprints, however this event is an opportunity for practice for the Nationals. Safety of crews and waka is paramount.
- Paddlers who are not able to swim at least 50 metres **must** also wear life jackets. This rule also applies to adult paddlers.
- Clubs must ensure that the paddlers they enter are sufficiently capable of participating in their events, and able to handle reasonably difficult conditions (e.g. wind gusts up to 30 knots). Note that while support boats will rescue paddlers, they will NOT assist paddlers in lining up (which can be difficult for novice paddlers, especially in V1s, if winds are stronger than 10 knots). If paddlers are not able to line up within a reasonable time frame, the race will be run without them, and they will be disqualified.
- In case of adverse weather conditions on race day, the race director retains the right to stop, postpone and/or cancel races on race day. Note that organisers will be unable to refund race fees in this case.

LAND

- Clubs are to observe all Karāpiro Domain rules, along with any specific event rules
- First Aid responders will be at the event, located on the grass embankment
- No vehicles will be permitted in the event area beyond Gate 2 during the event, the exception being any emergency vehicles and domain management vehicles

PARKING

There is NO parking within the event area or lower campground.

Free Parking is provided at the event.

Day 1 - Saturday

GATE 2 - Access is available ONLY for Vehicles with Singles (being used at the event) on the roof for drop off only. Vehicles will be required to then continue up the internal road to park at Gate 3 area (Nationals

DROP OFF

If you have large amounts of gear to drop off, you will be given access to make the drop off. Drop off time is in the evening Friday, or 6am – 7.00am Saturday and Saturday after racing (for Sunday participants). Outside of these hours, you will need to transport the gear from the parking area through Gate 2 or 3 Parking Area)

GATE 3 - Parking is available for all paddlers and visitors

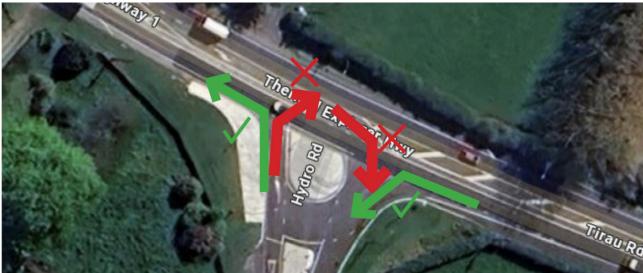
Day 2 - Sunday

GATE 3- Parking is available for all paddlers and visitors.

GATE 2 - Between 6am -6.30am Is available for support paddlers (for Intermediate and Taitamariki grades) with single canoes for drop off. Vehicles will then be marshalled to move to Gate 3 parking area via the internal road.

Disability access is provided through Gate 3 and down to the far toilet block. The gates at the toilet block will be locked but provide a flat drop off area. Event organisers ask that the limited parking in that area be left ONLY for those with disabilities and kaumatua. Parking Wardens will be notified of this request. People staying at the camp ground will be issued with vehicle passes. Any vehicles parked in the camp ground areas without a pass may be towed away.

The Karapiro Dam - Hydro Road is now open, however the intersection at SH1 has changed to left in and out only. See below and plan ahead.



EVENT AREA

- Clubs are encouraged to provide shelter (sun, rain) for their paddlers. Please observe the event area layout, and keep club tents and gazebos clear from areas that are clearly marked for official use (see event area layout as shown at the back of this document).
- The Karāpiro Domain has a strict **NO DOGS** policy which is going to be actively enforced by council dog control. Please leave your kuri at home, **DO NOT Bring and leave at your car.**
- Alcohol and/or drugs are not permitted on site.
- Our event is also auahi kore / Smokefree / Vape free. Please respect this.

VENDORS

We encourage a supporting village of vendors for the event. We invite Vendors to register their interest:

CLICK HERE TO REGISTER TO BE A VENDOR

ARRIVAL OF PADDLERS ON RACE DAY

- Only team managers or registered club representatives are to advise of withdrawals prior to the race –
 Please report to the timing tower, lower level
- Paddlers (and/or club reps) are to become familiar with the race course layout, the event area, race schedule and lane draw.
- Know when your race is on, and listen for the marshalling call over the sound system.
- All paddlers / teams in the marshalling area must have their life jackets with them (Taitamariki and intermediates), as well as their paddles and/or V1 canoes. Races will not be held up for teams waiting for equipment or V1 canoes. They will miss their race.

PRE-EVENT PREPARATION AND TASKS

- Club Managers will be required to attend an online managers meeting 1 week prior to the event please register your club manager alongside your online entries contact person here
- Marshalling will call each race a total of 3 times. **NOTE**: Races will load out without waiting for teams who have not arrived at marshalling by the 3rd call. The latter will miss their race.
- No parents or coaches are permitted through the marshalling and loading bay areas. Please do not be offended if and when you are refused entry.
- Paddlers are to follow officials' instructions at all times.
- V1 Paddlers borrowing canoes MUST ENSURE their waka is not being used 2 races EITHER side of their race Racing will not stop to wait for sharing of waka. If your waka is being used 2 races either side the paddlers will need to ensure they have another canoe to use. This is the same as Nationals and racing will not wait for you. Being prepared is essential in a qualification event.
- When their race is called, paddlers are to assemble at the loading bay. Paddlers must not load canoes without going through the loading bay.
- Loading bay officials will advise paddlers when to load and will load out the furthest lanes first e.g. Lane 8, lane 7, through to lane 1. This is to prevent delays on the water at the start line.
- Once on the water, paddlers are to go directly up to the start line area, where they are in the control of the race starter.
- Paddlers are to wait within 50m of the start line. Please avoid drifting off. Turns racing finishing waka are to paddle through and behind the next race waiting to start.

- Race starts will be by flag only there will be no verbal instruction given for the starts.
- Adults trailing Taitamariki and Intermediate paddlers in V1s or W6s- please note the rules on the WANZ site, exit at the green buoys and do not cross the finish line. W6 Turns races (intermediates) the support paddler must remain on the left of the waka, behind the ama and inside the ama, this paddler must exit at the turn and return to shore after the other waka have finished. Do not interfere with other competitors. Not following the race rules will lead to your paddler being disqualified from their race.

RACING

- Waka Ama New Zealand race rules apply; they can be found at www.wakaama.co.nz.
- The race course has 8 (eight) lanes for V1 racing we will be using half lanes to be consistent with Nationals
- Disqualifications apply for V1 racing.
- W6 racing will use 8 full-width lanes.
- W6 age divisions have been combined, where appropriate, to make good use of time and lane availability. In this case, entries will be clearly marked as from another division. Note that organisers are unable to contact affected teams individually please read the lane draw to avoid surprises.
- **Protests** are to be made to the Admin Area by your **registered** (see above) Club Manager only within 15 minutes of the respective event results being released.
- **Penalties** will apply for W6 racing; a 10-second time penalty will be added to the final time instead of applying a disqualification.
- Races may be combined or shortened at the sole discretion of the Race Director.
- The Race Director has the ability to move races, depending on conditions. For example, if the weather starts to worsen, junior racing may be moved up the schedule to enable them to get through their races before bad weather hits.

V1 EVENT INFORMATION

Saturday 7th December

Events

- All V1 races will take place on Saturday, (reserve day Sunday)
- Distance: 250m and 500m
- Divisions: Intermediate to Master 80
- New -V1 Adaptive Divisions: Adaptive Women and Adaptive Men
- The event will also feature 250m sprint races for the J19 and Premier division. These races are open to paddlers of other age classes, as long as they meet the requirements as per Waka Ama New Zealand rules.
- 2025 CHANGE W6 J16 and J19 grades will race on Saturday afternoon. These grades will not race on Sunday.

V1 QUALIFICATION

Selection and qualification for V1 at immediate following National Sprint Championships

- Selection of V1 representatives for National Sprint Championships will be based on times gained at the regional event. The race draw comprises a knock out event, heats then finals.
- **Note** the Adaptive Women and Adaptive Men V1 event is not required as a qualifying event for National Sprints. The paddlers will be enabled two races, a heat and a final.
- For all other grades (Intermediate to M80) this is a qualifying event. Clubs and Coaches please note that your paddlers must be of a level where they can competently and confidently take the start line and complete the race. Any paddlers who fail to reach the start line in the time allowed will be withdrawn from the race, with no refund of fees. Disqualifications will apply to these races for paddlers going outside of their lane; disqualified paddlers will not receive refunds.
- Starters will be wary of paddlers attempting rolling starts. Measures will be taken to avoid rolling starts.

V1 WAITLIST CRITERIA AND PROCESS

Refer to V1 Policy

Non Attendance Paddler Waitlist

- Paddlers unable to participate at the TPOTI Qualifier event, wanting to be considered for the quota for Nationals, will be required to fill in the TPOTI Regional Sprint Championships Non-Attendance Waitlist Request Registration. This must be done by the Club Co-ordinator for their respective clubs before 9am Thursday 4th of December 2025, to request their inclusion on the Waitlist. Click here for the form. A non refundable payment of the equivalent entry fee to the event is required prior 5pm on Friday the 5th of December 2025. Clubs are to arrange payment.
- The application must state the reason for missing the Regionals Qualifier event. If required, the Race Director and Race Committee reserve the right to request proof of reason (employer statement, medical certificate, bereavement notice or NZ representation attendance verification).
- Non-Attendance Waitlist Paddlers will be allocated positions behind those remaining paddlers in attendance at the TPOTI event who select to be waitlisted.

Paddlers in Attendance - Waitlist

- Competing (at the TPOTI Regional Event) Waitlist Participants will comprise only those paddlers
 who make the finals. Those who make the quota are included at the bottom of the quota list with
 regard to seeding.
- The TPOTI Race Director and Race Committee hold discretion to apply exceptional circumstances to the non attendance waitlist position based on past and recent performance of a paddler, including their prior Sprint Nationals performance. This will only apply if that paddler was a finalist at the Sprint Nationals in the preceding year. At no stage will a non attendance waitlist paddler be considered ahead of those who qualify at the Regionals event.

Waitlist Fees and Confirmation

- All paddlers who are In Attendance at the event and wish to request a waitlist position need to make contact with their club rep. Following Regional Sprints, Clubs Representatives will be responsible for completing the TPOTI Regional Sprint Championship V1 IN ATTENDANCE WAITLIST FORM.
- Each club will need to complete and submit the form by 14th December 2025. Click here for the form.
- A payment of non-refundable \$20 per paddler is required prior to confirmation of a waitlist position. Paddlers will need to pay this fee to their club and the club will make one lump sum payment of the **total fee owing to TPOTI by 21st December 2025.**

250M Dash Races

- Depending on the number of entries in the 250m dash races, and upon receipt of feedback, the 250m dash races will be run in a heat to finals format.
- The fastest 12 times across each of the age divisions will paddle the 250m dash final.
- The fastest 2 times in each age division will be the paddlers who represent TPOTI at Nationals in the V1 Dash.
- Any paddler who has earned a qualifying spot for the 250m dash and chooses not to compete at the Nationals event (whilst at the Nationals event), shall be ineligible to enter this qualifying race at the following TPOTI regionals event.

Selection for Regional WT12 at Nationals

- Nationals features a regional WT12 Premier race, for both men and women. Selection of the W12 crews will be based on the 250m dash finals times of both Premier and J19 division, being the fastest 12 times across both age groups.
- Once selected the Regional W12 teams will require team captains. Captains will be responsible for co-ordinating team communication, training and collecting uniforms. We will put the call out for a team captain, once the crews have been named.

V1 Requirements

- Paddlers must arrange their own V1 waka. Paddlers should NOT assume that they will be able to use other paddlers' V1s on race day.
- The legal minimum weight is 14kg (including ama & kiato).
- Accepted additional weights for canoes under 14 kg are: a bag of rice or sand or a weight plate or similar.
- Paddlers are to arrange for their own weights, should they be required, and they must be presented to the TPOTI official at weigh-in as requested.
- All V1s must have lane number holders, as per Waka Ama New Zealand race rules. Paddlers without
 a V1 holder may buy one for \$10.00 from Administration and ask for tape to put it on. There are a
 limited number of these available.

V1 QUOTA for 2026 NATIONALS

Refer to Waka Ama NZ Quota Notification <u>here</u>. TPOTI ask that clubs consider carefully the quota when entering and consider the event as a qualification event of your best possible paddlers up to or just over the allocated quota. The event is not considered to be a 'have a go' event.

RACE DIVISION - TANE	QUOTA	RACE DIVISION - WAHINE	QUOTA
Int Men	5	Int Women	6
Junior 16 Men	7	Junior 16 Women	5
Junior 19 Men	8	Junior 19 Women	6
Junior 19 Men Dash 250m	2	Junior 19 Women Dash 250	2
Open 23 Men	5	Open 23 Women	5
Premier Men	8	Premier Women	7
Premier Men Dash 250m	2	Premier Women Dash 250m	2
Master Men	6	Master Women	11
Snr Master Men	8	Snr Master Women	10
Golden Master Men	9	Golden Master Women	6
70+ Men	6	70+ Women	5
75+ Men	5	75+ Women	4
80+ Men	6	80+ Women	4

V1 CANOE WEIGHING & CHECKS

The V1 minimum weight is 14kgs, we have aligned our Weigh-in procedures with those of WANZ and will be weighing the first, second and third place in each race as soon as they exit the water. The Regatta Officials reserve the right to do random spot checks.

It is the responsibility of the paddler to ensure that their canoe is not below 14kgs. Any paddler whose canoe does not reach the minimum weight of 14 kg will be disqualified from the race they competed in and all preceding races. The paddler may compete in another race but will require their waka to be reweighed prior to racing. Paddlers will be required to sign the weigh in form at weigh in. The qualifying finalists will be required to weigh their canoes immediately after the finals event.

The Waka Ama NZ scales will be available at Lake Karāpiro prior to the race start for paddlers to check their canoe weights. Verification forms will be signed by paddlers at the weighing and must be displayed on all waka on the water.

- Friday from 4pm to 7pm.
- Saturday from 6.30am to 7.30am.- Noting Gate 2 closes at 7am

If your canoe is being shared - it must be separately weighed by each individual competitor / paddler using the waka. Ie 3 different paddlers= 3 tags, signed by each competitor

V1 ENTRY FEES

Entry Fees

- Intermediate, J16, J19
 \$20 per paddler | Premier V1 Dash 250m
 \$10 per paddler
- Premier through to Master 80 \$40 per paddler |

W6 EVENTS - SATURDAY (AFTERNOON) AND SUNDAY

Saturday 6th December

- 2025 Event Change-W6 J16 and J19 grades will now race on Saturday afternoon at the completion of V1 qualifier racing - this will be scheduled on the race schedule and draw.
 - O Note: This is a change for the 2025 event- these grades will not be required to race on Sunday. Due to a growth in our region we can no longer offer W6 Racing confined to Sunday. Therefore we are moving some grades (J16 J19) to Saturday, to accommodate the growing number of teams.
- Grades J16 and J19 Grades
- Distance: 500m and 1000m
- Time approx 2.30pm onwards Get there approx 1pm.
- These grades will be provided up to 3 races. Turns races will be prioritised as a means of providing practice on the Nationals course for the W6 teams. Races may be changed to straight races (no turns) should the programme run behind time.

Sunday 7th December

Events

- Only W6 races will take place on Sunday
- Grades Taitamariki, Intermediate, Open 23, Open, Masters, Snr Masters, Golden Masters,
 M70, M75 and M80 W6 teams
- Distance: 250 / 500m / 1000 / 1500m
- All divisions will be provided up to 3 races. Turns races will be prioritised as a means of providing practice on the Nationals course for the W6 teams. Races may be changed to straight races (no turns) should the programme run behind time.

W6 TAITAMA, TAITAMAHINE AND INTERMEDIATE GRADES - ADULT STEERER AND ADULT W1/V1 SUPPORT PADDLERS

For the upcoming regional sprint waka ama event, support paddlers in W1 or V1 can follow or paddle alongside taitamariki and intermediate crews or paddlers in straight races only, provided these crews or paddlers do not already have an adult or competent steerer.

Support paddlers are reminded that they must stay behind or beside the crew (inside their ama) they are supporting, should not cross into the lane beside and should not cross the 15m buoyed line before the finish line and must exit to the side of course (not over the finish line) only once all other W6s have finished. The paddler is required to wait until all competitors have completed the race and then exit the course to the side, avoiding crossing the finish line. Failure to comply with this rule will result in a time penalty for the respective crew. This rule helps to maintain a level playing field and allows our tamariki paddlers to fully experience the race while ensuring their safety under the watchful guidance of their adult support paddler.

Waka Ama NZ Rule 16.3 - Support paddlers in W1 may follow or paddle alongside (not lead) taitamariki or intermediate crews or paddlers (Straight races only) who do not already have an adult or competent steerer as per rule 21.11a. Support paddlers following or paddling alongside taitamariki or intermediate crews or paddlers shall not cross the 15m buoyed line from the finish line before the end of the race, otherwise the respective club shall be fined (the amount of which is to be determined by the organising committee). The end of the race will be when the last crew or paddler crosses the finish line.

W6 ENTRY FEES

- Taitama / Taitamahine, Intermediate, J16, J19 \$120 per crew.
- Premier through to Master 80

\$180 per crew

Payments must be made upon invoice from TPOTI and received in full by the 1st December 2025.
Unpaid invoices will deem entries are withdrawn. Payments are made by the club - one payment per club, pay on invoice only using references off invoice.

DERIGGING & CANOE LOADING AT END OF W6 RACING

At the end of racing, all clubs are requested to assist in derigging and loading waka onto the trailer. This is part of our region's kaupapa of helping one another and we ask that everyone assists. We are all volunteers and we need your help. Could clubs prearrange and ensure that helpers are readily available for the close of the event pack up.

OUTSIDE REGION CLUBS - ENTRY NOT PERMITTED

Every year TPOTI are requested by clubs outside our region to enter this event. TPOTI focuses the event to its member clubs and teams and will <u>not be offering entries</u> to outside of region club teams and individuals. Our priority is to provide three races per W6 team for the event and as the largest region in Aotearoa our priority is to our member clubs and teams first. We understand this may be disappointing however we are completing a full range of grades with three races, for the largest region in Aotearoa. We wish you the best and look forward to seeing your teams at Nationals.

BIO-SECURITY NEW ZEALAND GOLD CLAM UPDATE

For our lake clubs only: Applicable for all 14 Te Arawa lakes and Waikato Lakes.

Any boat that has been in the Waikato River in the previous 30 days must be cleaned at a designated wash station before entering the water. This is in addition to the Check-Clean-Dry requirements

Designated wash station

The designated wash station is The Wash Place, 338 Te Ngae Road, Rotorua

At the wash station, boaties will need to:

- wash down their boat and trailer, and drain any remaining water
- scan the QR code shown on signage and complete the online form to prove they've completed the wash-down.

The Wash Place is a commercial facility and there will be a cost for washing your boat and trailer depending on the length of the cycle chosen. You can pay with cards or coins. The station is open 24/7 and detailed instructions about how to complete the wash are provided.

-CHECK CLEAN DRY- protocol for all clubs

When you move from the controlled stretch of the Waikato River (which is from Whakamaru Dam to the river mouth at Port Waikato) to another part of the river or its lakes, you must follow the Check Clean Dry procedures for the exotic freshwater clam for all watercraft, gear, or clothing that has come into contact with river water. Some North Island regions are also requiring water users in their area to follow these Check Clean Dry procedures. Check with your local regional council for their specific requirements.

Note, Check Clean Dry procedures to prevent human spread of the exotic freshwater clam will also manage other freshwater pest species.

Check

• Remove any visible matter, including any clams you can see, along with plant material or mud. Drain all river or lake water.

Cleaning the canoe and paddles. We will set up a cleaning station.

- Wash down your gear, vehicle, watercraft, and trailer that has been in contact with river or lake water with tap water onto grass, beside the waterway or at home and not into a stormwater drain system. This will remove any remaining invisible material.
- For absorbent materials that have been in contact with river or lake water use an appropriate treatment in the treatment options as displayed below

Dry

- Allow gear to dry to touch, inside and out, then leave it to dry for at least 48 hours (2 days) before using again.
- Dry areas inside the watercraft where water has pooled, for example with an old towel, and then leave the craft to dry for at least 48 hours (2 days). The hull of a watercraft will dry when towed.

Treatment options for gear made of absorbent gear like your life vests. These must be completed after you have returned home. Make sure you have completed the protocol including the drying before you use the gear on your regular water again.

Type of treatment Method

Hot water • 70°C, soak for 2 minutes, or

• 50°C to 55°C, soak for at least 5 minutes, or

• Above 45°C, soak for at least 20 minutes.

Most homes have hot water set at 50°C to 55°C. Caution is advised, especially with the higher temperatures.

Freezing Until solid, usually overnight.

Bleach solution 5% bleach solution, soak for 60 minutes, or

10% bleach solution, soak for 30 minutes.

5% bleach solution: 5-litre mix = 250 ml bleach in 4.75 litres water. 10% bleach

solution: 5-litre mix = 500 ml bleach in 4.5 litres water. Take care of how you dispose of the used bleach solution.

Salt water 100 parts per thousand (ppt) household salt in warm water, soak for 4 hours. (100 ppt salt solution: 5-litre mix = 500 g salt in 5 litres warm water.)

For our Ocean based clubs: Seawater is not a suitable alternative, as the salt content is too low (on average 35ppt ratio) to be effective against clams.

NO SWIMMING DURING RACING

A serious health and safety near miss happened during our 2023 event where a young child almost drowned while unsupervised in the water. We as TPOTI are focussed on delivering a waka ama sports event and cannot provide attention to supervising swimmers and spectators. We have therefore taken a preventative measure in ceasing all swimming at the event. If people are spotted in the water during racing, the start of the next race will be delayed until everybody has left the water. We ask that every club and every spectator will co-operate with this directive and that we will experience uninterrupted racing during the weekend and KEEP EVERYBODY SAFE!

KEY MESSAGES

- Parking We do not have paid people or an excess of club volunteers to arrange the parking layout, so
 please use your common sense and park in the most space efficient way.
- There are other events running at the Don Rowlands centre throughout the weekend. There is to be no parking in the front park area by TPOTI participants. Karapiro Domain monitors this directly and will call towing companies should you be found parking there.
- Take note of your race number and listen for the calls over the sound system
- All paddlers must have their paddles and lifejackets (and V1 canoe) ready when in marshalling there is to be no waiting for items to come from other teams/paddlers who are on the race course.
- Take note of the V1 marshalling area only paddlers going to their race should be in this area
- Race starts will be by flag only with no verbal cues being provided.
- W1 adults trailing Taitamariki and Intermediate W6 crews please note the rules for this on WANZ website, ie. do not cross the finish line and the 15 m bouys.
- All Clubs need to provide at least 3 volunteers on Friday evening (6pm) and Saturday morning (7am 8am) before racing, to assist with W6 canoes being removed from the trailers, so that our event team can commence the rigging. We also need volunteers on Sunday after racing, to assist with event pack down.
- Bring shade to sit in outside of racing times
- Results will be live available on www.liveresults.co.nz no printed results will be posted on the board.
- No dogs at the Domain Domain rules, DO NOT Bring dogs and leave at the car.
- Dress for the conditions be prepared with warm clothing and also sunblock and hydration.
- The event is a Smoke / Vape Free and Alcohol Free event.

FAQ'S

- Racing comprises progression races. This will mean there will be Heats, and then, based on times, paddlers will progress through to Finals. Should there be only enough paddlers for one heat, it will be run as a straight Final.
- The lanes used are the same as Nationals fewer cables are put out, so there are fewer lanes. The team laying the lanes is the same one that does the Nationals. Unfortunately, we are unable to remove any 'unnecessary' buoys; movement in the lanes is the same as at Nationals
- The sound system for race number calling is the same that is used at Nationals. The volume is at its
 highest and it runs the length of the spectator bank. If you are unable to hear the announcements,
 make sure your surrounding club area is not too noisy. It is your responsibility to listen for
 announcements.
- Each year we invite food stalls but it is not always taken up by them. Make sure you pack a lunch or bring some money for the café at the Domain

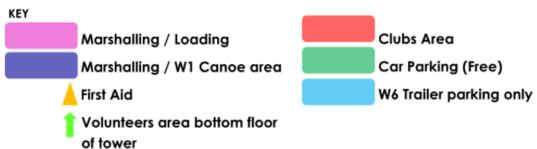
- Yes, you can leave your V1 canoe at the domain overnight BUT it isn't going to be specifically watched
 over. The gates will be locked (although we will need to negotiate this with Karapiro Domain, as they
 prefer gates to be open to the public) but TPOTI will not be responsible for V1 canoes left on site.
- All the whanau (volunteers) at our event have given their time to assist with the event please show them respect. Our volunteers are THE MAIN REASON why the event is able to be hosted.

SOCIAL MEDIA LINKS

Check out TPOTI's facebook page and instagram to stay abreast of event updates.
 https://www.facebook.com/TePukuoTeIka
 https://www.instagram.com/te-puku-o-te-ika/

EVENT AREA MAP





KORE HE KURĪ | No dogs

Mighty River Domain is a 'DOG FREE' area. Leave your dogs at home please when attending.

KIA MAU KI O TAONGA | Take care of your stuff

Please look after your belongings. If you are camping onsite, do not leave valuables inside tents. The organisers of this regatta are not responsible for the campsite, or your personal belongings. If you have any issues regarding the campsite, please see the Mighty River Domain office staff.

ME WHAKAUTE TE WĀHI | Respect the venue

Please pass on to your club members and supporters that we must respect the venue. Nobody wants to see any tagging or vandalism and we would like to leave the venue the way we found it.

WĀHI HAUORA | First Aid First Aid is onsite at the venue.

They are located behind the Results Tent, down on the boat ramp.

NGĀ MEA NGARO | Lost Property

If you find any lost property, please return it to Admin. If you are looking for something we are happy to make announcements for you

RĀPIHI ME TE HANGARUA | Rubbish and Recycling

The Mighty River Domain is continuing to work towards operating as a "Zero Waste" site.

- There will be a large Waste "Sort yourself" Minimisation Station set up along Vendor Lane.
- All clubs, paddlers, and spectators will sort their own waste when arriving at the Station.
- There will be large skip bins labelled for flattened cardboard and plastic bottles / cans.
- There will be large wheelie bins labelled for glass and food waste.
- There will be smaller wheelie bins labelled for general waste.
- The station will be manned each day from 8am 5pm (or until 30 mins after the last race), by a group of Kaitūao (Volunteers), to ensure patrons use the correct bins for their waste.
- Bins will be monitored regularly and emptied by venue staff as required
- There will not be the capacity to remove broken umbrellas, broken chairs or gazebos, chilly bins, or other large items, so please must take these with you when leaving
- Clubs will not be issued with black rubbish bags, or individual rubbish boxes.
- Please encourage your teams to bring a refillable drink bottle to fill from the water stations.
- Please encourage whanau to bring a reusable keep cup for hot/cold drinks at vendor sites
- Recycling stations will still be set up around the venue for glass, plastic, cans and food scraps We remind everyone as kaitiaki to reduce, recycle and reuse as much as possible at the 2025 Waka Ama Nationals and work with the Mighty River Domain operating as a "Zero Waste" site.

OTINGA IPURANGI | Online Results If you have an IPAD or Phone with internet access, you will be able to access the online live results throughout the racing. The link is http://liveresults.co.nz/

KORIPO MARAMA | Bad Weather Should we experience unsafe conditions we will halt all racing until those conditions have passed. This is the call of the Race Director. There will be NO racing in the dark.

You've made it to the end - well done!

Click here to enter into the 2025 TPOTI draw for a mystery prize.